

Breakfast

~On The Go Breakfast~

Assorted Fresh Bagels to include Whole Wheat
Served with Variety of Cream Cheese:
Fat Free, Plain, Honey Walnut and Chive
Fruit Preserves and Butter
Low-Fat, Fat Free and Regular Fruit Yogurts
Assortment of Sliced Seasonal Fresh Fruit and Bananas

~Continental Breakfast~

Freshly Baked Muffins, Buttery Croissants and Danishes
Sliced Seasonal Fresh Fruit and Bananas

~Smart Choice Breakfast~

Assorted Fresh Bagels to include Whole Wheat
Low-Fat, Fat Free and Regular Fruit Yogurts
Hard Boiled Eggs
Make your own Granola Bar
Sliced Seasonal Fresh Fruits and Bananas

~Special Enhancements~

Yogurt Parfaits
Build your -Own-Parfait
To include: Plain Greek Yogurt, Vanilla Yogurt
Condiments on the side to include: Fresh Berries, Granola,
Toasted Almonds, Honey, Shredded Coconut and Bananas
(Minimum of 50 People)

Pre-made Parfaits
Plain Yogurt or Vanilla topped with Berries and Granola

*Breakfast is Served with Cranberry and Orange Juice
Peet's Regular and Decaffeinated Coffee
International and Herbal Teas

~Home-Style Breakfast Buffet~

Scrambled Eggs
Country Potatoes with Diced Onions and Bell Peppers
Buttermilk Pancakes with Warm Maple Syrup
Breakfast Meats: Bacon and Sausage
Freshly Baked Muffins, Buttery Croissants and Danishes
Assortment of Sliced Seasonal Fresh Fruit, Bananas
and Individual Yogurt

~Grab and Go~

Egg, Ham and Cheese on English muffin
-OR-
Breakfast Burrito with Egg, Ham and Cheese
Assorted Fresh Baked Scones
Whole Seasonal Fresh Fruit

~Breakfast Enhancements~

Oatmeal Bar
Hot Oatmeal with toppings to include:
Cranberries, Almonds, Brown Sugar and Blueberries
and Bananas
(Minimum of 50 People)

Build-Your-Own Granola Bar
Yogurts to include: Plain, Low Fat and Non-Fat
Bananas, Blueberries and Cottage Cheese
(Minimum of 50 People)

Hot Breakfast Sandwiches on English Muffins
or Bagels with Choice of Meats:
Sausage, Egg, Ham and Bacon
(Minimum of 50 People)



All prices are subject to 22% taxable service charge & current sales tax.
255 South Airport Boulevard, South San Francisco, California 94080
tel. 650.877.5200 | fax 650.877.5201 | email: catering@ssfconf.com

www.ssfconf.com



All-Day Break Services Packages

~Coffee Break Package~

Morning Service

Assorted Fresh Bagels to Include Whole Wheat
Served with Variety of Cream Cheese:
Fat Free, Plain, Honey Walnut and Chive
Assortment of Seasonal Fresh Fruit
Chilled Orange and Cranberry Juice
Peet's Regular and Decaffeinated Coffee
International and Herbal Teas

Mid-Morning Service

Assorted Soft Drinks
Assorted Bottles of Sparkling and Flavored Mineral Water
Peet's Regular and Decaffeinated Coffee
International and Herbal Teas

Afternoon Service

Selection of Granola, Protein and Trail Mix Bars
Assorted Soft Drinks
Assorted Bottled Sparkling and Flavored Mineral Water
Peet's Regular and Decaffeinated Coffee
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~Executive Break Package~

Morning Service

Freshly Baked Muffins, Buttery Croissants and Danishes
Assortment of Sliced Seasonal Fresh Fruit and Bananas
Chilled Orange and Cranberry Juice
Peet's Regular and Decaffeinated Coffee
International and Herbal Teas

Mid-Morning Service

Selection of Granola, Protein and Trail Mix Bars
Assortment of Seasonal Fresh Fruit
Assorted Soft Drinks
Assorted Bottles of Sparkling and Flavored Mineral Water
Peet's Regular and Decaffeinated Coffee
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Afternoon Service

Selection of Freshly Baked Cookies and Fudge Brownies
Assortment of Seasonal Fresh Fruit
Assorted Soft Drinks
Assorted Bottles of Sparkling and Flavored Mineral Water
Freshly Brewed Iced Tea
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All-Day Break Services Packages



~Carnival Stand Break~

Rice Crispy Treats
Lemon Bars
Warm Soft Jumbo Pretzels
Fudge Brownies
Home-Style Lemonade and Fruit Punch

~Chocolate Lovers' Break~

Fudge Brownies
Variety of Candy Bars:
Snickers, Kit Kat and M&M's
Assorted Ice Cream Bars
Assorted Soft Drinks

~Health Nut Break~

Selection of Granola, Protein and Trail Mix Bars
Assortment of Seasonal Fresh Fruit
Individual Bags of Pretzels
Freshly Baked Oatmeal Raisin Cookies
Assorted Bottles of Sparkling and Flavored Mineral Water

~Harvest Break~

Assorted Mixed Nuts
Sliced Apples with Peanut Butter and String Cheese
Baby Carrots, Edamame, Celery Sticks with Hummus
Dark Chocolate Pieces
Assorted Bottles of Sparkling and Flavored Mineral Water
Freshly Brewed Iced Tea
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A La Carte Items



~Bakery Selections~

Freshly Baked Muffins
Buttery Croissants
Danishes
Assorted Doughnuts
Scones
Breakfast Breads
Assorted Fresh Bagels with Variety of Cream Cheese
Freshly Baked Cookies
Fudge Brownies



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~Juice Bar~

Choose (3):

An Apple a Day~

Apple, Beet, Lemon and Ginger

Go Green~

Apple, Cucumber, Spinach, Kale and Lemon

The Grass is Greener~

Apple, Celery, Kale, Spinach, Parsley and Ginger

Orange you Glad~

Orange Juice, Carrot, Apple, Pineapple, Lemon, Ginger and Turmeric

Heart Beet~

Carrot, Celery, Cucumber, Spinach, Beet, Tomato, Parsley, Onion, Lemon,
Ginger, Garlic and Jalapeno

ADD ONS:

Apple Cider Vinegar, Whey, Chia Seed, Rice Protein, Ground Flaxseed, Mushroom Matrix,
Flaxseed Oil, Vitamin C, Maca and Bee Pollen

No Substitutions please

(Minimum of 50 People)

*An attendant fee for 2 hours will apply if juice bar is purchased
as a stand alone item.*



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